

11th Russian Rogaining Championships
Moscow Region
September 13-14, 2014

BULLETIN No 1

I. Format and Rules

The Russian Rogaining Championships will be held as a 24 hour rogaining event and in accordance with [the Russian Rogaining Rules](#).

II. Time and Place

The event will take place on September 13-14, 2014 on the territory of Moscow Region (Ramenskiy, Pavlovo-Posadskiy, and Orekhovo-Zuevskiy Districts). The event center is in Alferovo village.

III. Travel Information

By public transport:

Local train from Kurskiy railroad station of Moscow to Pavloskiy Posad station, then local bus from Pavlovskiy Posad to Alferovo (total travel time from Kurskiy railroad station is about 2 – 2.5 hours).

Moscow airports and main railway stations are connected via underground and “Aeroexpress” trains

By car:

70 km from Moscow border to the east, 2-2.5 hrs travel time under regular traffic. Traffic on Friday evening and Saturday morning can be quite bad as many people go out of the city to the countryside houses (“dacha”)

IV. Accommodation

- Camping at event center. No open fire allowed.
- Health Center “Borovoe” , about 30 km from event center. Requests for accommodation to be sent to the organizers (rrc2014@rogaining.ru). Transfer to / from event center can be organized on request.
- It is possible to find other accommodation options within the same travel distance

V. Terrain

General information: competition area would be more than 250 km², open areas 25-30%. Flat terrain, elevation from 120 to 150 m above sea level. Sand and turf soils. Terrain is quite populated, several villages.

Hydrography: wide structure of old melioration channels, confluents to Klyazma river (Drezna, Slogavka, Vokhonka) with dams near the villages. Rivers are typically passable far from dams. There multiple recultivated moors in the last stage of drying.

Vegetation: Primary coniferous forest and mixed forest in approximately equal proportion, mostly average passability. Old clearings, fields and dry moors are being covered by a growing forest. New sanitary clearings (autumn last year) are well passable, denoted by a “field” sign on a map.

Road network: Asphalt roads between villages. Clearing and old forest roads are gradually disappearing. A few new or regularly used roads (to new clearings, used by hunters). Dense road network on open areas.

Animals: you can see multiple tracks of moose and wild pigs, beaver dams and houses. One can meet snakes, foxes, large birds.

Local attractions: Gzhel – traditional porcelain manufacturing area. Pavlovskiy Posad – traditional clothes manufacturing (famous for wraps)

Dangerous areas: local roads with minor but regular traffic. New areas of fallen trees. Areas shown by a “dangerous areas” symbol.

VI. Map

Prepared in 2013-2014 based on satellite maps (yandex, google), topographic maps of 1:25000 scale and field work. Will be printed on a special water-resistant material.

VII. Climate and Weather

According to annual statistics and long-term weather forecast, the most likely day-time temperatures during competitions are +10 - +15°C, and overnight ones are +5 - +10°C. Rains are possible.

Sunset: 19:50, sunrise: 7:00

VIII. Participants and Teams.

A team shall consist of 2 to 5 members, each of them no younger than 16 year old. The rogainers shall compete in the following categories:

	Competition Category	Participants
MO	Men's Open	men, no age restriction
WO	Women's Open	women, no age restriction
XO	Mixed Open	at least one man and one woman, no age restriction
MJ	Men's Junior	men, all must be under 20 years of age
WJ	Women's Junior	women, all must be under 20 years of age
XJ	Mixed Junior	at least one man and one woman, all must be under 20 years of age
MV	Men's Veteran	men, all must be 40 years of age or over
WV	Women's Veteran	women, all must be 40 years of age or over
XV	Mixed Veteran	at least one man and one woman, all must be 40 years of age or over
MSV	Men's Super Veteran	men, all must be 55 years of age or over
WSV	Women's Super Veteran	women, all must be 55 years of age or over
XSV	Mixed Super Veteran	at least one man and one woman, all must be 55 years of age or over
MUV	Men's Ultra Veteran	men, all must be 65 years of age or over
WUV	Women's Ultra Veteran	women, all must be 65 years of age or over
XUV	Mixed Ultra Veteran	at least one man and one woman, all must be 65 years of age or over

Competition placings are awarded in several sections based on the age and gender composition of teams. The age of participants is defined for the 1st day of competitions (September 13, 2014).

Each team shall have at least one member eighteen years of age or over.

All competitors shall sign an indemnity form to confirm that they are participating in the championships at their own risk. For minor participants a signature of a full-aged team representative or a trainer is required. Each competitor shall have at his/her possession and produce to organizers a compulsory medical insurance policy.

X. Punching system

Electronic punching system Sport Ident will be used. During the rogaie every competitor has to have one SI card. Competitors may use their own SI cards (if they have the high capacity cards - version SI6, SI10, SI11) or they can borrow one from the organisers. Please specify your demand via on-line entry form. The following types of Sport Ident cards are not allowed: SI-Card5, SI-Card8, SI-Card9, pCard, tCard, SIAC1.

SI cards are to be securely attached to the wrists of competitors with special wristbands by competitors themselves. It is forbidden to fasten the wristband with sticky tape, insulating tape, etc., as it impedes to control the wristband integrity! At the entrance to the start area the organizers will check the attachment of SI card to competitor's wrist and on the finish line – the integrity of sealing.

When at a checkpoint, insert the SI-card into the hole on the SI station and wait for a feedback beep and a flash, then withdraw the card.

As a SI card can hold a limited number of punches, a competitor should punch the station only once. Otherwise the SI-card memory may get full. A repeating signal while an SI-card is inserted into the hole of the station doesn't mean several punches, a new punch is made if an SI-card was withdrawn and inserted into the hole once again.

All members of one team shall record a visit to checkpoint within 2 minutes, otherwise they will not gain points for this checkpoint. Thus, it is strongly recommended for those participants who arrive to checkpoint first to wait for other team members coming, and then punch the station.

On finish line all team members are to punch a "Finish" station.

If the electronic recording device being lost or wristband of any team member is broken all the team will be disqualified and their points will be annulled.

Participants should treat their SI-cards with due care, protecting them from loss or damage. The penalty for loss of a borrowed SI-card is 1800 rubles.

If a team voluntarily withdraws, they are asked to give SI-cards back to organizers. Lost and not-returned SI-cards numbers will be entered to missing cards database, and it will be impossible to use them at any time thereafter.

XI. Registration, start and finish procedures

All competitors shall get informed of possible hazards, as well as of protective and emergency actions before registration, and fill in an indemnity form. A full-aged team representative or a trainer is to sign the form on behalf of a minor team member, thus assuming responsibility.

A team representative gives duly signed indemnity forms to organizers, shows them a medical insurance policy, pays the fees, and receives a parcel, containing event information, bib numbers, safety pins, SI chips borrowed from organizers, wristbands for SI cards for all team members.

To make any changes to a team, or to register "on the spot", one is to fill up a special form provided at registration desk.

Competitors can enter the fenced start zone 30 min before the start time. At the entrance organizers will be checking the equipment, the SI cards attachment, and punches the participant's SI-card at the "Check" station. Punching the „Check“ station serves as a proof that the competitor passed through the start area. Those participants, who fail to punch the „Check“ station, are qualified as not started.

At 12:00 the fence is removed and participants start.

All members of a team shall punch "Finish" SI station. The team finish time is the latest time recorded by any team member at the finish.

We recommend to survey the "Finish" SI station position before the race starts.

After team finishes, the organizers will remove the wristbands from each team members' wrists and read out the SI cards. Rented SI cards are returned to organizers.

After all the above-described procedures participants may visit "hash house".

XII. Scoring

A team's score shall be the value of the checkpoints visited and correctly verified in accordance with these rules, less any penalties. The point penalty for finishing late is 1 point per each minute or part thereof. Teams finishing more than 30 minutes late will be deemed ineligible for placing and their result will be recorded as 'LATE'. The team with the greatest score, or in the event of a tie the team that finished earlier, shall be awarded the higher placing.

XIII. Catering during competition

Regular "hash house" will be available during the race in the event center and in one of the points on the competition area (included in the entry fee).

There are multiple water wells in the villages, water wells checked during field works marked by a blue glass symbol on a competition map. Shops (typically open from 9 to 21) marked by a red glass symbol.

XIV. Medical aid

Qualified medical professionals will be on duty at the start area during the whole duration of the event to provide first aid if required.

If in case of emergency in the terrain other members of the team please and other teams if necessary shall do their best to transport the injured participant to ambulance.

XV. Compulsory equipment

- Map,
- Visibly attached team number – submitted by organizers;
- Mobile phone with battery charged for at least 24 hours. The organizers' emergency number should be in the phone database!
- Clothing and shoes – in line with the weather;
- Magnetic compass;
- Watch.

On the course, usage of any navigation aid (with the exception of magnetic compass and simple watch) – i.e. pedometers, altimeters, GPS receivers, etc., including integrated in mobile phones or watch devices, IS PROHIBITED.

XVI. Recommended equipment

Torch or head light with battery charged for at least 12 hours; first aid kit; survival (thermal) blanket; “camel bag” with no less than 1.5 l water or hydrocarbon drink supply; high energy food (energy bars, gels, etc.).

Use of mobile phones and other radio receiving and transmitting equipment during the competition is strictly forbidden. The exception is emergency case when a competitor requires medical help or cannot continue traveling on foot and the team withdraws; or if there were discovered some problem with a control – not functioning, broken or stolen.

In case of an emergency try to reach the organizers by calling the following numbers as soon as possible: **+79255002572, +79262031829.**

XVII. Entry

Registration is open until September 7, 2014 via on-line entry form on the rrc2014.rogaining.ru web-site.

Each team shall submit the following data: first and last name of a participant, gender, date of birth, city (region) he/she is representing, SI-card number (if there is any). Each team shall appoint one member to be a representative, and supply his mailing address and telephone number to organizers. Registered entrants will be invited via the representative's email to confirm their entry.

Entries on the spot are possible if there will be some free vacancies.

XVIII. Entry fees, competition financing

The costs of organisation and set up of the event, trophies and awards, and the IRF levy are refunded by entry fees and sponsor contributions.

Entries and payment (per competitor)	until 15.08	from 16.08 to 7.09	After 7.09 or on the spot
Participants from 18 to 55 years old	1 200 rubles	1 600 rubles	2 000 rubles
Participants younger than 18 and older than 55 years old	800 rubles	1 000 rubles	1 300 rubles

SportIdent card rental (if necessary) – 150 rubles/pc.

A team fee is the sum of all fees of its members.

The entry fee covers the costs of participation in competition, maps per each team member, hot catering during the race.

By reasonable prior arrangement it is possible to pay money in cash to organizers. This is the recommended option for the competitors from other countries.

XIX. Prizes

The members of the three best teams in each category are awarded medals, diplomas, and prizes.

The winning teams at Open Classes (MO, WO, JO) will be also awarded with special prizes.

The winners in each category will be nominated Russian Rogaining Champions of the year 2014.

XX. Organizing team

The organizing team is duly assigned to held the competition.

The organizing team:

Event director: Mikhail Kubarev

Jury commetee:

Chief jury: Mikhail Kubarev

Chief secretary: Alexander Mordiros

Course setter: Roman Roschin

XXI. Contacts

Event web-site: rrc2014.rogaining.ru

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